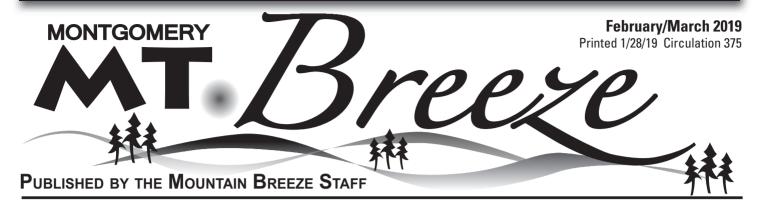
THIS IS A SPECIAL TWO MONTH COMBINED ISSUE.



School scholarships available for Montgomery students

Fire Chief Stephen P. Frye Memorial Scholarship

Open To: Montgomery Students

Eligibility requirements: Must be a resident of Montgomery (non-Gateway students may request an application from Montgomery Fire Department) (Contact Dan Flechsig - 862-8095 or email - 83.mfd.association@gmail.com)

Criteria: Community Service, Academic Accomplishment,

Financial Need

Award amount: \$250.00 Application deadline: May 1st

Application requirements: Gateway common application,

transcript

Completed application to: Montgomery Fire Department

Attn: Scholarship Committee 154 Main Road

Montgomery, Mass. 01085

***: You must provide official documentation of 2nd semester enrollment in an educational institution.

TOWN CLERK NEWS

ANNUAL TOWN ELECTION NOMINATION PAPERS

The Annual Town Election will be held on Monday May 6, 2019 from 12:00 until 7:00 p.m. The following positions will be on the ballot for fiscal year 2020; Moderator for 1 year, Selectmen for 3 years, Assessor for 3 years, Town Clerk for 3 years, Trustee of the A.P. Pettis Fund for 3 years, Constable for 3 years, Library Trustee for 3 years, Regional School Rep. for 3 years and Tree Warden for 1 year.

If you are interested in running for any of these positions please pick up a nomination paper at the town hall on the front table or call the Town Clerk to obtain one. You will need to have 20 registered voters sign and return to the Town Clerk by Monday March 18th at 5:00. If you have any questions you can call the Town Clerk, Judy Murphy @ 413-862-4478. Thank you,

Judy Murphy 413-862-4478 More Scholarships

The Historical Society has one (or more) scholarships available, Pettis Fund has one and the Bob Goodman **Scholarship** is available. All through the High School guidance office (or they can contact Laurie Flechsig for a form if they don't go to Gateway). All of them ONLY go to Montgomery students. Sadly, almost all went unclaimed last

Congratulations to
Megan Wright, a freshman at Keene State College, as she has been named to the Dean's List for the Fall 2018 semester.

Informational meeting with Comcast sales reps slated

The Montgomery Broadband Advisory Committee will host an informational meeting with Comcast on Monday February 4th at 6 pm. All town residents are welcome to attend. The sales representative Doreen Lupa from Comcast will be at this meeting to answer any questions regarding services that Comcast offers. These include Phone, cable TV, and internet. Bundling options as well as introductory pricing will be covered. If you have any question regarding Comcast, we highly recommend you attend this meeting.

Doreen is also available to meet with residents by appointment. To contact her directly call: (413) 316-0597 or email: doreen_lupa@cable.comcast.com

Julie Ruszala

Montgomery Broadband Advisory Committee

2019 REAL ESTATE TAXES WILL BE DUE FEBRUARY, 1ST Important numbers

FIRE EMERGENCY 911
AMBULANCE 911
STATE POLICE 911
HIGHWAY DEPARTMENT 862-4037
GATEWAY HIGH SCHOOL 685-1102
GATEWAY MIDDLE SCHOOL 685-1202

GMS ATTENDANCE 685-1201 LITTLEVILLE ELEMENTARY 685-1301 TOWN HALL OFFICE 862-3386

townhall@montgomeryma.gov Administrative Secretary Hours, Tuesdays & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505 DEPUTY FIRE CHIEF - CHRIS GALIPEAU 862-4599

TOWN CLERK - JUDY MURPHY 862-4478 Office hours are on the 1st and 3rd Wednesday of each month from Noon - 4:00. Or you may call for an appointment.

POLICE DEPT:

ADMINISTRATIVE POLICE CHIEF - 862-4949

TAX COLLECTOR - JANE THIELEN 862-3386

ANIMAL CONTROL OFFICER -

PHIL CAMP 862-4976

SELECT BOARD:

DAN JACQUES 862-9001
MIKE MORRISSEY 862-3386
JACOB CHAPMAN 862-4949
Meetings for the Select Board are held at
7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:

MADELYN AUSTIN 862-4004 mrrrr@verizon.net

LIBRARY:

HOURS:

LIBRARIAN - PAULA LONG 862-3894

montgomerylibrary@yahoo.com Tuesday 10:00 a.m.-5:30 p.m.

Thursday 4:00 p.m.-8:00 p.m. Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:

Meetings of the Board of Assessors are held on the 1st & 3rd Wednesday of each month from 8:00 p.m.-9:30 p.m. Please call 862-3386 for an appointment. Assessors' Clerk hours 1st & 3rd Wednesdays of each month from Noon – 4 p.m.

State Senator Don Humason: 64 Noble St., Westfield, MA 01085

(413) 568-1366

Donald.Humason@masenate.gov

State Representative Lindsay Sabadosa: info@lindsaysabadosa.com

(413) 539-8599

February Calendar

Feb. 5 9:30 – 11:00 am – Osteoporosis Exercise – Town Hall

Feb. 5 Recycling day

Feb. 6 Noon – 4 pm – Town Clerk Hours – Town Hall

Feb. 6 6:30 pm – Yoga – Town Hall

Feb. 7 9:00 am – Tai Chi – Town Hall

Feb. 7 7:00 pm – Selectboard Meeting – Town Hall

Feb. 8 9:30 –11:00 am – Osteoporosis Exercise – Town Hall

Feb. 12 Noon – COA Coffee Hour – Town Hall

Feb. 13 6:30 pm – Yoga – Town Hall

Feb. 13 7:00 pm – GRSD Joint Budget Meeting – Gateway MS, Rm 112/114

Feb. 14 9:00 am - Tai Chi - Town Hall

Feb. 15 9:30 – 11:00 am – Osteoporosis Exercise – Town Hall

Feb. 16 Noon – "Birds in Winter" – Town Hall

Feb. 19 Recycling day

Feb. 20 Noon – 4 pm – Town Clerk Hours – Town Hall

Feb. 20 6:30 pm – Yoga – Town Hall

Feb. 21 9:00 am – Tai Chi – Town Hall

Feb. 21 7:00 pm – Selectboard Meeting – Town Hall

Feb. 22 9:30 – 11:00 am – Osteoporosis Exercise – Town Hall

Feb. 26 Noon – COA Coffee Hour – Town Hall

Feb. 27 6:30 pm – Yoga – Town Hall

Feb. 28 9:00 am – Tai Chi – Town Hall
Feb. 28 7:00 pm – GRSD Planning Committee Meeting – Gateway Middle

School Rm 112/114

March Calendar

Mar. 1 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall

Mar. 2 5:45 pm – HS Penny Social – Town Hall

Mar. 5 Recycling day

Mar. 6 Noon – 4 pm – Town Clerk Hours – Town Hall

Mar. 6 6:30 pm – Yoga – Town Hall

Mar. 7 9:00 am – Tai Chi – Town Hall

Mar. 7 7:00 pm — Selectboard Meeting — Town Hall

Mar. 8 9:30 – 11:00 am – Osteoporosis Exercise – Town Hall
Mar. 9 5:45 pm – SNOW DATE HS Penny Social – Town Hall

Mar. 10 2:00 am - SPRING AHEAD! Daylight Savings Time starts

Mar. 12 Noon – COA Coffee Hour – Town Hall

Mar. 13 6:30 pm – Yoga – Town Hall

Mar. 13 7:00 pm – GRSD Joint Budget Meeting – Gateway MS, Rm 112/114

Mar. 14 9:00 am – Tai Chi – Town Hall

Mar. 15 9:30 – 11:00 am – Osteoporosis Exercise – Town Hall

Mar. 19 Recycling day

Mar. 20 COA bus trip to Springfield Museum

Mar. 20 6:30 pm – Yoga – Town Hall

Mar. 21 9:00 am – Tai Chi – Town Hall

Mar. 21 7:00 pm - Selectboard Meeting - Town Hall

Mar. 22 9:30 –11:00 am – Osteoporosis Exercise – Town Hall

Mar. 26 Noon – COA Coffee Hour – Town Hall

Mar. 27 6:30 pm – Yoga – Town Hall

Mar. 27 7:00 pm – GRSD School Comm – Gateway MS, Rm 112/114

Mar. 28 9:00 am - Tai Chi - Town Hall

Mar. 28 7:00 pm - GRSD Planning Comm - Gateway MS, Rm 112/114

Apr. 27 6:30 pm - HS Roast Pork Supper - Town Hall

MOUNTAIN BREEZE STAFF

Editor: T.Lak 413-237-2818

Helen Allyn * Chris Brown * Laurie Flechsig * Paula Long * Julie Pike *
Jane Thielen

montgomerymtbreeze@gmail.com

The Grille is the place to meet your neighbors!



Possible violations:

Posing as a Montgomery business owner threatening to move without Town's permission; and transportation of diary products across Town streets.

Held without bail pending new Grille menu.



Hours: Wednesday, Thursday, Friday: 5:30 am to 2:30 pm

> Saturday and Sunday: 6:00 am to 2:30 pm Lunch starts 11:00 am

46 Main Rd, Montgomery, MA • 862-(FOOD) 3663 Closed Mondays & Tuesdays

Dog license(s) 2019 update

Your current dog license will expire at the end of March. The new licenses are in. You must license your dog in this town or any other town that you live in. You

can mail it to the address below just make sure you include a self-addressed stamped envelope, and a check made out to the Town of Montgomery. If you do not send the self-addressed stamped envelope the license will not be mailed back to you. The fee for dogs that are neutered is \$6.00, unneutered is \$10.00. For multiple dogs you can make a copy of this form. If

you prefer you can license your dog during the town clerks regular hours as listed in the

Mt. Breeze, or you may also call me and make an appointment to obtain your license. You will also be able to obtain a license at the upcoming Town Election which will be held on Monday May 6, 2019 from 12:00 to 7:00p.m. If you have any other questions please feel free to call me.

The town by-laws require all dogs be licensed by July 1st of each year or you will be fined a late fee of \$25.00 per dog, along with the licensing fee. All dogs three months and older, even if they are inside dogs, must be licensed.

> Thank you; Judith L. Murphy, Town Clerk 58 North Rd, Montgomery, MA, 01085 413-862-4478

Happy	New	Year,	Montgom	ery!
--------------	-----	-------	----------------	------

My work as your State Representative officially started January 2nd, and one of my major duties is filing legislation. The deadline for filing legislation in Massachusetts is January 18, 2019 at 4:59:59 PM. Every piece of legislation I plan to file, advocate for, and push to pass must be in by this Friday. I've been compiling and drafting language for weeks on everything from medicare for all to abortion access to criminal justice reform, and the start to these noble fights begins with filing.

After I have finally filed my legislation, I'd like to celebrate with my constituents - the people I've filed for so please join me at my office, 76 Gothic Street in Northampton, for a Filing Day Celebration at 5 pm on January 18th! I will be posting updates on bills I file in the event page on Facebook, and at the celebration I will be answering any questions you may have on these bills. Come with questions (or baked goods)! I look forward to seeing you all there!

As a reminder, below is my contact info:

District Office: Representative Lindsay Sabadosa 76 Gothic Street Northampton, MA 01060 413-270-1166

State House Office: Representative Lindsay Sabadosa Room B2 24 Beacon Street Boston, MA 02133 617-722-2425

CENSE NO.	, the undersigned,	AGE YRS MOS	PROMINENT BREED SPECIES Dog	Expiration Date	Signature of Owner or Keeper	ee of \$ 4 / 1 / 20 19	Town Clerk
ANIMAL LICENSE Town of Montgomery	THIS CERTIFIES thatis the owner or keeper of an animal kept at	and described as follows: NAME	SIZE SEX COLOR	Further Detailsand is and is the animal described in RABIES VACCINATION CERTIFICATE NO	Dated	In reliance on the above certificate and the payment fee of \$, the animal above described is licensed for the period ending	Dated

Paula L. Chapman Administrative Chief of Police for the **Town of Montgomery**

OFFICE HOURS: 6:30 pm to 7:45 pm

February 7, 2019 February 21, 2019 March 7, 2019 March 21, 2019 April 4, 2019 April 18, 2019 May 2, 2019

May 16, 2019

May 30, 2019

Office Hours

Senator Humason will be holding office hours at the Montgomery Town Hall on Tuesday February 5, 2019 from 1:00 pm - 2:30 pm.

> Rachel Purewal **Communications Director** Office of Senator Donald F. Humason Jr. (617) 722-1415 rachel.purewal@masenate.gov

FEBRUARY / MARCH RECIPES

Create a terrariuim, turn the soil, attend a Symposia

GardenNews

by Chris Brown

February is the month to:

- Spread your wood ash on your garden beds. It is an alternative to limestone for raising soil pH.
- Time to think of seed starting. At the end of the month, start leeks, onions and celery seeds. Pansies and violas can be started from seed this month. Also sow cool-weather crop seeds such as broccoli, cauliflower and Brussels sprouts indoors.
- Use a heat mat to speed up germination of seeds.
- Creating a terrarium is a good winter project.
- If you can, turn your compost. It needs turning in the winter too.
- For Valentine's Day, consider buying local; 80% of cut flowers are imported.
- Remember, deer ticks can be active any time the temperature is above freezing.
- At the end of the month, cut forsythia shoots to bring inside for forcing.
- It is maple syrup time. It takes about 40 gallons of sap to create 1 gallon of maple syrup. Consider buying local for your maple syrup products.

The above information taken from 2018 & 2019 UMASS Garden Calendars.

March is the month to:

We can start thinking spring by attending the Garden Symposia that are offered by the Master Gardeners of Western MA. There are 3 coming up

this Spring:

March 23, 2019 "Healthy Gardens, Healthy Gardeners" at Frontier Regional High School in So. Deerfield, MA March 30, 2019 "Bees, Butterflies and Bounty...The latest Buzz in gardening!" at Holyoke High in Holyoke MA April 6, 2019 "Strengthen Your Garden Skills" at Lenox Memorial Middle & High School in Lenox, MA

Go to the web site at www.wmmga.org to download all three brochures. There are also copies available of the Holyoke Symposium at Grace Hall Memorial Library, Montgomery MA.

There are many topics of interest presented at all three symposia including. Among the various classes offered in Holyoke are: Designing Your Garden to Welcome Pollinators; Ecological Edible Landscaping; Healthy Trees & Shrubs; Making Fences, Trellises and other Garden Structures; Succulents; It's all about the Birds & Bees; Backyard Water Features and Mini Ponds; plus many more topics to choose from in all 3 symposia.

ZESTY CHICKEN WINGS

Thank you, Jeanne Aras, for this great recipe, just in time for the Super Bowl.

½ cup corn syrup ½ cup ketchup

1/4 cup cider vinegar1/4 cup Worcestershire sauce1/4 cup Dijon mustard1 small onion, minced3 garlic cloves, minced1 Tbsp. chili powder

3 lbs. chicken wings

Combine 1 st 8 ingredients in a large saucepan. Bring to a boil. Reduce heat. Simmer uncovered for 15 to 20 minutes or until thickened. Place chicken wings (I discard tips) in a greased 15 x 10 x1 inch pan. Bake 375 for 30 minutes. Brush with sauce. Turning and basting once. Cook until chicken juice runs clear. Serve with additional

SAUTEED GREEN BEANS AND MUSHROOMS WITH CARAMELIZED LEEKS

Recipe for March 2019. Thank you Helen Allyn for this great recipe.

4 Tbsp. olive oil, divided 2 medium-sized leeks 1 lb. fresh green beans, trimmed 8 oz. mushrooms, sliced

1 lg. clove garlic, minced sea salt

Freshly ground black pepper pinch of red pepper flakes

Wash leeks well, to remove any dirt and thinly slice the white and light green portion only. Heat about 3 tbsp. oil in pan, over med-low heat and sauté leeks for about 30 minutes, stirring often, until browned and crisp. Meanwhile, bring a large pot of salted water to a boil. Add beans and cook 2 minutes. Remove from pot with slotted spoon into a bowl of cold water. Drain and set aside. Heat 1 tbsp. oil, add mushrooms and cook 7 minutes, stirring occasionally. Add green beans and garlic. Toss to combine. Stir in all but ½ cup caramelized leeks. Season with salt, pepper and red pepper flakes.Transfer to serving platter and top the reserved leeks.

FEBRUARY BIRTHDAYS:

Jeanne Aras Jennifer Arvanitis Henry Bisbee IV Chris Brown Ryan Bucko Fran Bush Roger Chapman Adam Cruickshank Dan Flechsig, Sr. Nathan Galipeau Tom Gil Bill Hughes Charles Kenyon Geraldine Larrabee Donny Masciadrelli Nicholas Moses Michael Shelnut Geoffrey Sobotka, Jr. Nancy Spencer Dale Stanisewski Paige Stomski Pete Wilcox Tim Wolcott

FEBRUARY ANNIVERSARIES

Cheryl & Donny Masciadrelli Julie & Bob Pike Karen & Dennis Wassung

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Are you or anyone you know interested in buying or selling a Home, Condo, Land, or Mobile Home in the Western Mass area? If you do please call the number listed below for an appointment.

I look forward to speaking with you.

Judy Murphy
Office number: 413-552-7123
Email address:
judymurphy4478@gmail.com
Also check us out on facebook @
Judy Murphy Realtor.

If you get the recording, please leave a message and I will get back to you that same day. Make sure you leave your name, phone number, and best time to call.



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FEBRUARY & MARCH EVENTS

Mark your calendars for annual Penny Social in March

GREETINGS from your Montgomery Historical Society planning team! Happy Valentine's Day, and by the next issue in April, hopefully we'll be ready for SPRING!



The annual PENNY SOCIAL is coming soon...
SATURDAY, MARCH 2!! We're also saving a "snow date" of March 9, in case the weather on the 2nd doesn't cooperate. The fun begins at 6:30 p.m., but doors will open at 5:45 to give people a chance to purchase their penny cards (25 cents per card of 25 tickets), view the items being offered, choose a seat, and get some refreshments before the start time... So, first of all, we'd like everyone to save the date(s) on their March calendar and come to the Penny Social for an entertaining evening of "food, fun, and fellowship!" Those who've been coming for many years have found it to be a great way to "shake the winter doldrums" and get out of the late-winter slump that so often gets to us!

Next, the committee is asking for help in gathering items to be "auctioned" off at the Social. Are you following TV star Marie Kondo – tidying-up guru – and her "Spark JOY" principles? Are you evaluating things in your home that may or may not bring you JOY? Well, we'll be happy to have your **like-new or gently-used items** to be offered at the Penny Social. Or perhaps you might put together a **meal-in-a-basket** (spaghetti dinner, breakfast items, "tea-time" offerings, gardening tools/seeds, etc.) to donate to the Social.

There are also things like Christmas gifts you might have received but don't foresee ever using, or unused appliances in good condition – we'd be happy to have them. Bet with a little imagination, everyone could come up with something to donate for this fund-raiser. (Proceeds of our annual fund-raisers support scholarships for Montgomery high school

graduates and to make donations to other town organizations – Firemen's Association, Library, etc. – who have a need or wish they can't fulfill on their own.) There will even be special bidding for the younger ones who come with their parents. Some items geared

toward the kids will be offered for only the kids to bid on. (Again, donations of NEW or GENTLY-USED items for the kids would be appreciated.)

We'll also be inviting local businesses to donate gift certificates or product that we will then award as door prizes or raffle prizes during the Social. If anyone in town would like to promote their services or business in this way, please call one of the committee members (Laurie @ 862-8095, Patty @ 862-3830, or Julie @ 862-4539) and we will be happy to pick up your donation from you.

On the day of the Penny Social, we will be at the Town Hall from 2:00-4:00 p.m. setting up for the event, and will be pleased to accept townspeople's donations at that time. If that is not convenient for anyone, please call one of the committee members mentioned above to make arrangements for us to pick up your donations from you.

Because the Mountain Breeze is covering both February and March in one issue, we will not have a chance to remind you again of the Social, so it is important that you mark down both March 2 and March 9 so you won't miss out on the fun! We all hope to see you there! Come on out for the fun and help us raise some funds!

PLANNING AHEAD FOR APRIL: The annual Roast Pork Supper will be held Saturday, April 27 at Montgomery Town Hall starting at 6:30 p.m. Following the meal, we will have a guest speaker. Further details will be shared in the April issue of the Mountain Breeze, but here's your chance to save the date!

Mass Cultural Council's 2019 Award Recipients

Mass Cultural Council funds and manages a network of 329 Local Cultural Councils across the state, representing every city and town in the Commonwealth. Each council awards money based on individual community cultural needs, assessed and set by council members. The recipients are:

Blandford Historical Society - An Evening of Opera Chester Theatre Company Ed The Wizard - Alien Balloon Twist Gateway HS Chorus/Band Trip Gateway MassMoca Field Trip Gateway Fiddler Contest Gateway Outdoor Club Hilltown Families Gregory Maichack - Sail Away on the Craft of Pastel Painting North Hall Association - A Season of the Art Sevenars Concerts - 51st Anniversary Roger Tincknell - This Land is Your Land The Historical Society's display case in the town Library has a new exhibit for your enjoyment! Keeping with the theme of "Winter," one of our members has loaned a collection of snowmen of various shapes and sizes. These snow characters are sure to bring a smile to your face, so please plan to stop in and patronize your local library, and while there, check out the current display! Something new will be installed around the beginning of March, so visit again at that time to see what's new! (And remember, we'd love to share your items or collections with the library patrons – just give Laurie a call at 862-8095 to make the arrangements!)

Condolences

Dan and Michelle Leonard and family on the loss of Dan's mother, Mary Jane Leonard of Westfield, who passed away January 17.



Commonwealth of Massachusetts
Executive Office of Energy & Environmental Affairs

Department of Environmental Protection

Western Regional Office • 436 Dwight Street, Springfield MA 01103 • 413-784-1100

Charles D. Baker Governor Matthew A. Beaton Secretary

IMPORTANT NOTICE: Recycling Contamination Rate info

Dear MRF Community/MRF Hauler:

Due to the significant changes that are affecting the recycling industry world-wide, the importance of delivering clean loads of acceptable recyclables to our Materials Recycling Facility (MRF) is higher than ever. Please join us in the battle against contamination by ensuring that your recycling loads are delivered to our MRF with minimal contaminants (including excess water/snow/ice).

There are a number of actions you can take to help. On the reverse side of this letter we have detailed the contaminants that pose some of the most significant

challenges to processing and marketing recyclables and worker safety. Your efforts in eliminating these materials will help ensure the long term sustainability of our recycling program. For more detailed information on the do's and don'ts of recycling, please visit www.SpringfieldMRF.org.

Please be aware that should a recycling load from your community be delivered with contamination greater than 10% by weight, the MRF operator may reject the load or accept the load and separate the contaminants for disposal. Should this occur, your community will be assessed contamination charges for the difference between the percent contamination identified through visual inspection and the 10% threshold. Your community will be provided with a load summary and photos for assistance in determining the unacceptable items. Your community will have the right to dispute the amount of these charges and/or your responsibility for such. Charges for contamination will be invoiced by the MRF operator.

The contamination charge is assessed at a rate of \$155/ ton and the charge is only applied to the percentage of the load that is contaminated above 10%. The \$155 fee represents \$75 per ton to process/handle the contaminants and \$80 per ton to transport and dispose of them. Loads that contain appropriate program materials that are saturated with water may be deemed un-processable and calculated as contamination prior to their separation and disposal.

Please work with your community and hauler to keep your recycling clean and dry.





154 Main Road Montgomery, MA

Ice safety and open burning permit information

- Ice Safety: Please see the below article from the State Fire Marshal office regarding ice safety.
- Open Burning: Burning season is January 15 to May 1, between 10 am and 4 pm. A permit is required. Permits can be attained by calling the

Fire Dept business phone, #862-4505 and leaving a detailed message with name, date you are burning, complete address and best phone# to reach you. Open burning must be at least 75 feet from any building. Brush and forestry debris are

all that is permitted to be burned. Grass, hay, leaves, stumps, or construction material is prohibited to be burned. An adult should always be present until fire is completely extinguished. Water supply must be on hand. Call 911 immediately if the fire appears to be getting out of hand. The permit can be rescinded at any time due to weather conditions. More Open Burning tips can be found online at the Fire Factors website, Office of the State Fire Marshal, www.mass.gov/dfs .

The Montgomery Fire Department thanks you for your support.

Ice and cold water safety

Each winter many people are injured from exposure in cold water. Skaters and ice fisherman fall through the ice; boaters and canoeists capsize. Learn how to protect yourself and others.

What to do if you fall into cold water. Get into HELP (Heat Escape Lessening Position). Bring your knees to your chest, hold your arms to your side and clasp your hands. Cover your head if possible to protect your body from heat loss.

Do not try to swim unless a boat, floating object or the shore is close by. Swimming causes warm blood to circulate to your arms and legs where it cools off quickly and reduces survival time by as much as 35 to 50%.

If you are in the water with other people, **huddle tightly together** with your arms around each other to preserve body heat.

What to do if someone falls through the ice?

Call 911 immediately. Make sure properly trained and equipped rescue personnel are alerted to respond.

Do not go out onto the ice. Many would be rescuers have become victims themselves.

Reach, throw or row. Extend a branch, pole or ladder to the victim. Throw them a buoyant object such as a life ring or float tied to a rope. If a boat is nearby, row out to the victim or push it towards them.

How cold is cold water?

Any water that is cooler than normal body temperature (98.6 F) is by definition coldwater. Cold water drains away your body heat 25 to 30 times faster than air! Coldwater does not have to be icy, it just has to be colder than you are to cause hypothermia. Lower the temperature of the water the faster the onset of hypothermia.

How thick is safe ice?

Ice on moving water in rivers, streams and brooks is never safe. The thickness of ice on ponds and lakes depends upon water currents or springs, depth and natural objects such as tree stumps or rocks. Daily changes in temperature cause the ice to expand and contract which affects it strength. Because of these factors no one can declare the ice to be absolutely "safe."

What is hypothermia?

Hypothermia is the excessive lowering of body temperature. Core body temperature below 95 F causes shivering, confusion and loss of muscle strength. If not treated and reversed, hypothermia leads to unconsciousness and death.

Safety experts estimate that half of all drowning victim die from the fatal effects of cold water, not from water filled lungs.

Outside the bird feeder with Lori Conley

MESSAGES IN THE SNOW

The next time you're out walking in the snow look for stories that the birds tell with their tracks if the snow is soft enough. A crow swaggers, leaving right-and-left steps much as a walking human would.

Juncos under a bird feeder leave a hopping pattern of tiny footprints in side-by-side pairs. Look for beak marks, where a bird

picked up a choice morsel or probed the ground. Tell-tale signs sometimes tell stories of life and death. You might see mouse, squirrel or rabbit tracks end suddenly, just where you find the imprint of an owl's wings. Wing prints can sometimes look like beautiful snow angels in the snow too with delicate feather prints. You can learn more about Bird Tracks and Sign: A guide to North American Species a book by Mark Elbroch.

Notice the little things in life!

MARCH BIRTHDAYS:

Jenn Albano Colleen Bean Steven Brzoska Peyton Bucko Alex Chapman Jacob Avery Chapman
Joseph Croteau
Pauline Croteau
Bob Dowd
Justin Fernengel
Makayla Fernengel
Wayne Fowles

George Galipeau Lynn Gebo Bob Hyjek Linda Hyjek Charlie Kenyon Sandie Mann Andrea Moses Charles Peckham Bennett Rogers Benjamin Senecal Jacob Stevens Jason Stomski Kathleen Stomski Jane Thielen Rachel Ward

MARCH ANNIVERSARIES None





Library News

facebook.com/ gracehallmemorial

February/ March 2019

Life moves pretty fast. If you don't stop and look around once in a while you could miss it" Ferris Bueller

Winter Events at the Library

Pastel workshop with Greg Maichack "Sail away with Pastel" Feb. 9 at 11 am. Learn to create a peaceful still life in a relaxed setting. Great for Beginners and advance skilled alike.

Birds in Winter presentation by Lois Kiraly, Feb. 16 at noon. Learn about our wild fine feather friends and how to care for them this winter.

KIDS!!! *Ed the Wizard returns with Alien Balloon twisting*! Feb. 19 at 2 pm. Join in the fun and learn how to create your own alien from balloons.

**KIDS ** *Winter Reading Bingo*. Pick up your Bingo sheets at the library and enter to win some fabulous prizes. Drawing on April 2.

WingMasters return with LIVE Birds of Prey March 9 at noon. Migration of Birds of Prey with Julie Anne Collier. Hawks, falcons and more!

CPR/ AED and First Aid classes are coming this Spring. Dates, times and fees will be posted soon at the library. Preregistration is a MUST!

Winter Weather Closing

We will not be open if Gateway Regional School is closed for winter weather. Notice will be posted on Channel 22 and 40, they mostly post library closings on their perspective websites. As well we will post on our Facebook page. Like always, no fees will be charged on days we are closed.

Winter Drop Box

Please do not put any DVD's and Audio books in the Drop Box when the weather drops below 40 degrees. Let us know by phone or email and we can renew items for you.

Trustees Meeting March 7 at 6:30pm

Museum Passes

Old Sturbridge Village Springfield Quad

Norman Rockwell

Mystic Aquarium

Deerfield Historical Mu-

USS Constitution

DCR State Park Pass

MassMoCa

Hours

Tues: 10-5:30

Thurs: 4-8

Sat: 9:30-12:30

Contact

Mail

161 Main Road, Montgomery,

MA 01085

Phone

413-862-3894

email

Montgomerylibrary @yahoo.com

Website

montgomeryma.gov

wghl.masscat.org f a c e b o o k . c o m /

gracehallmemorial

commonwealthcatalog.org

COUNCIL ON AGING

Serving the Citizens of Montgomery February/March 2019

Calendar

Tue – Feb 12 Coffee Hour – 10 a.m.

Sat – Feb 16 Birds in Winter

Tue – Feb 26 Coffee Hour – 10 a.m.

Tue – Mar 12 Coffee Hour – 10 a.m.

Wed – Mar 20 Springfield Museum

Tue – Mar 26 Coffee Hour – 10 a.m.

Tai Chi

Town Hall Thursday -9:00-10am

Osteoporosis Exercise Class

Town Hall Friday – 9:30 – 11am

February Birthdays

William Hughes
Robert Talbot
Genevieve Schenna
Geraldine Larrabee

Judy Crean
Judith Keniston
Frances Bush

March Birthdays

Wayne Fowles
Philip Shaw
Charles Peckham
Joyce Dupelle
Joseph Croteau

Charles Peckham
Helen Allyn

Doris Brinkley
George Galipeau
Pauline Croteau
Charlie Kenyon
Helen Allyn

Richard Chretien



Birds in Winter
Power Point Presentation by Lois Kiraly
Montgomery Town Hall
Saturday - February 16th 12:00 noon

There will also be a question and answer session and suggested books to help you find out more about helping the birds survive our cold winter nights.

Please join us on Saturday, February 16th in the Town Hall at noon. Light refreshments will be served.



Springfield Museums Wednesday – March 20th 10 am to 3 pm

COA is sponsoring a bus trip to the Springfield Museums on March 20th. If you are interested in this trip please contact Anne-Marie at 862-3257 for further details.

MEMA – Massachusetts Emergency Management Agency

WINTER HEATING SAFETY

The recent extremely cold temperatures have demonstrated the potential dangers associated with utilizing 'alternative' methods to heat your home, particularly if you lose your primary heating source due to a power outage or to lack of fuel. Home fires occur more in winter than in any other season. Many of these home fires are caused by the improper use of space heaters, as well as fireplaces and wood stoves. The <u>U.S. Fire Administration (USFA)</u> advises the following <u>heating and carbon monoxide</u> tips to help stay safe this winter season:

Portable Heaters

- Only use portable heaters from a recognized testing laboratory.
- Make sure the heater has an automatic shut-off so if it tips over, it shuts off.
- Keep anything that can burn such as bedding, clothing and curtains at least three feet away from the heater.
- Plug portable heaters directly into outlets. Never plug a portable heater into an extension cord or power strip.
- Turn heaters off when going to bed or leaving the room.

Fireplaces

- Keep a glass or metal screen in front of the fireplace to prevent embers or sparks jumping out.
- Do not burn paper in the fireplace.
- Put the fire out before going to sleep or leaving the home.
- Put ashes in a metal container with a lid, outside, at least three feet from the home.

Wood Stoves

- Have the chimney inspected and cleaned each year by a professional.
- Make sure the wood stove is three feet away from anything that can burn.
- Do not burn paper in the wood stove.
- Put the fire out before going to sleep or leaving the home.

Carbon Monoxide

When using heaters that require fuel, install a carbon monoxide detector.

This newsletter is partially funded by a grant of the Executive Office of Elder Affairs Outreach Worker: Ginger Cruickshank 862-4932

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